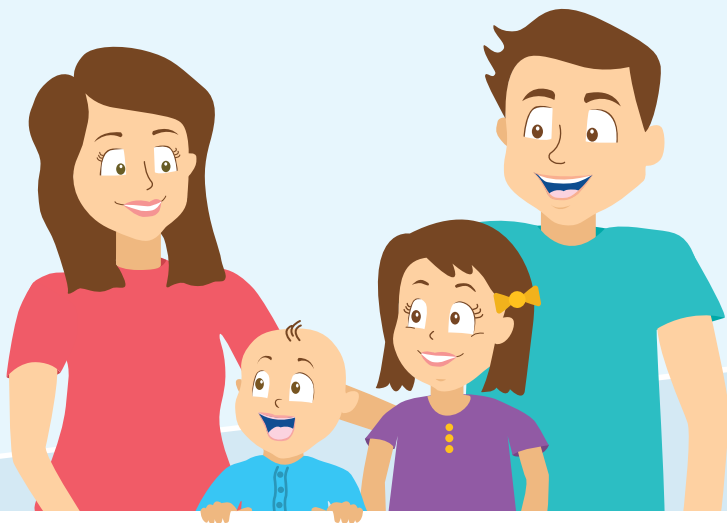
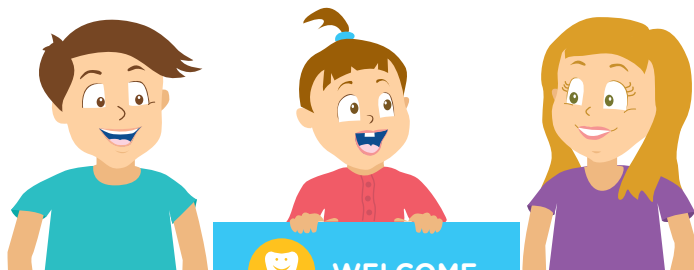


## Children's Dental Services



**Janeway**  
DENTAL CLINIC



Thank you for considering the Janeway Dental Clinic to provide dental care for your child. Our clinic specializes in treating children under 18 years of age, and persons of any age with special needs requiring a hospital-based setting.

This booklet outlines how our clinic works and our various services to help make a smooth experience for you and your child.



## SCHEDULING

Your family dentist or physician will send a referral to our clinic and we will contact you within a few weeks to set up an appointment. Our waitlist varies, depending on the urgency and procedure required.

Please note, our clinic receives many emergencies and sometimes our dentists are called to the operating room on short notice. If this occurs, your clinic appointment may have to be rescheduled. We apologize in advance for any inconvenience this may cause you.



## DENTAL SERVICES

- ✓ Consultations
- ✓ Preventive care
- ✓ Restorations/fillings
- ✓ Extractions
- ✓ Cleft lip/palate pre-surgical infant orthopedics
- ✓ Endodontics
- ✓ Prosthodontics
- ✓ Management of acute dental infections
- ✓ Dental and facial trauma



## SEDATION

Our clinic offers multiple sedation options to assist your child through their dental treatment. Upon reviewing your child's referral, one of our dentists will recommend a sedation method based on the age of your child, extent of dental work required, medical conditions, geographical constraints, etc.

Most of our patients are treated with conscious sedation; however, some children will require general anesthesia. These options are reviewed on the next few pages.



## 1. NITROUS OXIDE OR “LAUGHING GAS”

Nitrous oxide is one of the safest and most effective sedation techniques. It aims to reduce anxiety and discomfort for your child and facilitate their cooperation. Your child is awake throughout the procedure and breathes the nitrous oxide through a nasal mask. Patients recover almost immediately following the procedure.



Your child must not eat 4 hours prior to their dental appointment. They can have clear fluids (e.g. water, apple juice or Gatorade) up to 2 hours prior to their appointment.



## 2. ORAL SEDATION WITH/ WITHOUT NITROUS OXIDE

Medications such as benzodiazepines and antihistamines are used with nitrous oxide to alleviate anxiety and distress. Your child may become drowsy, but they are not unconscious or “asleep.”



Please arrive 30 minutes prior to your child’s procedure to allow the medication to take effect. You must remain at least 30 minutes after your appointment to allow the medication to wear off.



Your child must not eat 6 hours prior to their dental appointment. They can have clear fluids up to 2 hours prior to their appointment.



### 3. GENERAL ANESTHETIC OR DENTAL SURGERY

General anesthesia is a medically controlled state that eliminates the sense of awareness, pain and movement during dental treatment. Dental surgery is reserved for children with extensive dental needs, the inability to cooperate, or those who are extremely fearful or anxious.

A consultation appointment is necessary to assess your child's dental needs, review their general health and medical history, and discuss the details of the surgery. For patients who live more than 4 hours away, a phone consultation will be done prior to booking the surgery. In some cases, a clinical consultation may still be necessary.





The cost of dentistry depends on how extensive your child's treatment is. Many insurance plans reimburse the majority of costs. MCP will cover the majority of basic dental care for children under 13 years of age, but often does not cover charges related to sedation, orthodontics or aesthetic/cosmetic procedures.

Predeterminations and estimates are available for procedures not covered.



## DENTISTS ON STAFF

**Dr. Trang Nguyen**  
Pediatric Dentist

**Dr. Becky Olacke**  
Pediatric Dentist

**Dr. Edward Yoon**  
Pediatric Dentist

**Dr. Catherine Nolet-Levesque**  
Oral-Maxillofacial Radiologist

**Dr. Firoozeh Samim**  
Oral Medicine/Oral Pathologist

**Dr. Navdeep Singh Asi**  
Oral Oncology Clinic

## LOCATION & PARKING



The clinic is located in room 2J122 or directly left upon entering the Janeway main entrance. Metered parking is available in front of the main entrance and in an underground parkway, next to the Rehabilitation Entrance. A drop-off zone is located in the underground garage. Parking at the Health Sciences Centre is also available.



**Janeway**  
DENTAL CLINIC

300 Prince Philip Drive  
St. John's, NL A1B 3V6

Tel: (709) 777-4353  
Fax: (709) 777-4171

[dentistry@easternhealth.ca](mailto:dentistry@easternhealth.ca)  
[www.janewaydental.ca](http://www.janewaydental.ca)